

The short story, "Eight Bites" by Carmen Maria Machado, illustrates Freudian's concept of wishful impulses, as the narrator is an insecure woman who undergoes bariatric surgery for society approval.

The American, critic, essayist and story author, Carmen Maria Machado, in her short story, "Eight Bites", published on October 3, 2017. Addresses the concept of wishful impulses by illustrating stereotypes and self-hatred ideas that women grow with about their body image. The protagonist's relationship with the food was unhealthy, so she decided to proceed with bariatric surgery (non medically necessary), in order to obtain society approval and more specifically her family acceptance. Despite the surgery that changed her body, what she really needed to change was her mind.