

Stephanie Sierra

The American, critic, essayist and story author, Carmen Maria Machado, in her short story, "Eight Bites", published on October 3, 2017. Addresses the topic of stereotypes and self-hatred and argues that surgery was able to change the protagonist's body, but what she was really needing to change was her mind. She supports this claim by illustrating the life of an insecure woman who undergoes bariatric surgery to obtain societal approval. Machado's purpose is to recreate how being a woman in today's world is. She adopts a critical tone for her audience, the and others interested in the topic of self-esteem and psychological disorders.